



C.H.S.L.S.C.

Junior Information

2020/2021



What is Surf Life Saving Australia?

Surf Life Saving Australia (SLSA) is a unique not-for-profit community cause that exists through community donations, fundraising, corporate sponsorship and government grants. SLSA has 173,865 members and 314 affiliated Surf Life Saving Clubs. Surf Life Saving Australia represents the largest volunteer movement of its kind in the world. Since Surf Life Saving was established in 1907, over 650,000 people have been rescued by our surf life savers.

Surf life saving exists to save lives, create great Australians and build better communities.

In addition to core services and responsibilities, SLSA also contributes to the community by:

- Training volunteer surf lifesavers and paid lifeguards to undertake rescues, administer first aid and take preventative actions to keep our beaches safe
- Providing helicopter, jet ski and offshore rescue boat services
- Managing and delivering surf sports events
- Developing and implementing community and school education programs

Surf Life Saving Australia, is continually working to achieve our vision of zero preventable deaths in Australian waters

LIFESAVERS IN TRAINING (LITS or Nippers)

The Surf Life Saving Junior Activities Program has become one of the most successful children's development and sporting programs in Australia. It encourages children to learn new skills and promotes the active involvement of parents, creating a learning environment from which both children and parents can both benefit from, which may someday save someone's life. This information booklet is designed as a general guide to the Camden Haven Junior Activity Program we will be conducting this year.

Why Join Nippers?

- Instruction in surf safety & surf awareness
- Lifesaving & first aid skill development
- Competitive sport activities
- Platform to senior patrolling duties
- To increase fitness and be involved in an active lifestyle
- Enjoyable social activity for children & parents
- Be an active and involved community member



Camden Haven SLSC History

Camden Haven Surf Life Saving Club (CHSLSC) commenced its service to the Camden Haven Community in 1947 in a single-story building on the site where our existing building stands. Camden Haven SLSC has a proud history of being involved in competition from Junior members to Senior members, from sand to water events, and all age groups. This history is in the process of being officially recorded and displayed in the upstairs area of our clubhouse. The 2017/2018 season Camden Haven SLSC celebrated 70 years of services. The past few seasons have seen Camden Haven SLSC achieve some great accomplishments in being recognised as Mid North Coast Surf Club of the Year three years in a row. Our members also received great accolades such as Mid North Coast Branch Life Saver of the Year and Rescue of the Year in 2017/18 season. Camden Haven SLSC is a proud community club.



Membership

Membership to junior activities (Nippers) is open to all children who have already turned five by the start date of the current season. The other pre-requisite is that at least one parent joins the club and is encouraged to join one of the volunteer groups to contribute to the running of club days and carnivals.

Covid-19

Surf Life Saving NSW continues to monitor the impact of COVID-19 on nippers.

Clubs have been provided with a range of guidelines, tools, and support to ensure that junior activities can continue safely during the pandemic. Updates are regularly posted at <https://www.surflifesaving.com.au/resources/coronavirus-covid-19-updates-resources-slsnsw-clubs>

Note that our club may have additional measures in place over and above what is advised on the SLSNSW webpage.

Event information listed in this booklet is correct at the time of publishing. However, dates and events may change due to health orders and weather.



Age Groups

Nippers covers the age groups from 5 to 14 years of age. The age group your child will be in for the whole season is determined by the age they are on the 30th September the year you are joining. For example, if your child was 11 on the 30th September, turning 12 on the 5th October, they will be in the Under 12 age group even though they are 12.

Membership Fees

Family Membership (up to 4 children) - non-active member
\$120.00

Family Membership (up to 4 children) with an active patrol member \$100.00

Individual Membership (active) - on roster \$30.00

Individual Membership (non-active) \$50.00

Nipper (Guardian /parent must join as a member) \$40.00

Seniors over 60 membership \$5.50

Active members are volunteers through Patrols, Bar shifts,
Age managers

To register for nippers and join the Camden Haven Surf Life
Saving Club go to: www.chslsc.com

All nippers registrations are to be completed online. If you are
unable to complete registration online, please contact Robert
Dwyer or Jessie Johnson.

Nipper Days

Nippers is run fortnightly. Sign-on is 9.30am, and we are on
the beach by 10am. Nippers runs for approximately 2 hours,
then there will be a BBQ where you can purchase a sausage
sizzle for a gold coin donation. Cold drinks are also available.
All children must be signed on by a parent or guardian at the
start of Nippers and signed off at the end. This is extremely
important to maintain safety.

For special events, please check out our Facebook Page
Camden Haven SLSC. Parents/Guardians are also encouraged
to join our closed Facebook page **Camden Haven SLSC
Nippers** for up-to-date information.

Surf Education

The main aim of nippers is to teach surf safety, surf
awareness and lifesaving development. The other aim is to
have fun! The following awards have been developed for
each age group. To be eligible to compete at carnivals,
nippers must obtain these awards:

U6 Surf Play 1 U7 Surf Play 2 • Beach activities to emphasize games and group participation • Water activities that are limited to shallow water near the water's edge • No competition other than that involved in fun games

U8 Surf Awareness 1 U9 Surf Awareness 2 • Recall surf awareness information and basic emergency care procedures • Perform introductory self-rescue skills • Has completed run-swim run (U9)

U10 Surf Safe 1 U11 Surf Safe 2 • Apply surf awareness information • Provide emergency care • Communicate in the beach environment • Has completed run-swim-run

U12 Surf Smart 1 U13 Surf Smart 2 • Apply surf awareness information • Provide emergency care • Operate communications systems & equipment • Has completed run-swim-run

Resuscitation Certificate (U14 and up) • Demonstrates resuscitation skills by the following • Assessing an unconscious patient by checking for danger • Assessing patient's airway and breathing • Assessing patient's response • Identify "signs of life" Work in a team

U14 Surf Rescue Certificate (need to be 13 years of age on exam date) • Apply surf awareness information • Provide emergency care • Operate communications systems & equipment • Work in a team • Communicate in the beach environment • Has completed run swim-run • Participate in an aquatic rescue operation • Demonstrates resuscitation skills

The SRC award is compulsory if members wish to compete beyond this age into the Senior Club to fulfil their patrol obligations.

Age Managers

An Age Manager is a member of the club who takes responsibility for the instruction of an age group throughout the season. All Age Managers are trained and hold a current Working with Children Checks (WWCC) as required in line with state legislation.

If you are interested in helping with the delivery of Nippers and becoming an Age Manager or (or maybe even becoming a surf lifesaver yourself!), speak to your club – we love our parents getting involved!

If becoming an Age Manager or surf lifesaver is not for you, there are plenty of other tasks that will need completing at your club! Perhaps you could help with training, coaching, officiating, fundraising or cooking the Club BBQ? All parents who get involved must become a member of our club.

Our Age Managers are: Ryan Barker, Heath Buckley, Robert Dwyer, Pete Dyson, Rachel Hosick, Melanie Strong, Brianna Rumsby, Stuart Bate, Andrew Thelfo, April Sanders, Erin Hayley Ryder, Adrian Pemini, Jorja Miller.

Camden Haven SLSC Office bearers

Executive Committee

Michelle Garvan - President

Kate Dwyer - Vice President

Ben Hosick - Director of Administration

Jenny Cooper - Director of Finance

Tony Worton - Director of Lifesaving

Sub Committee

Bruce Cooper - Bar manager

Robert Dwyer - Junior Activities Coordinator

Jessie Johnson – Club uniforms and merchandise

Neil Hosick - Grants Officer/ Hall hire

Erin Gunton - Jr Club Captain

Contact Details

Michelle Garvan President 0457 834 408

Ben Hosick Director of Administration 0420 450 550

Robert Dwyer Junior Activities Coordinator 0419 411 288

NIPPERS CALENDAR 2020/21 SEASON

Events and venues will be confirmed on the Camden Haven SLSC Facebook page. Please make sure you Like us and add to your list of things you see first on your newsfeed.

OCTOBER

Sun 11th – Junior Preliminary Evaluation at Kendall Pool 11am

Tue 13th & Thurs 15th- catch-up evaluation via appt 3.30pm

Sun 25th First Nippers at Pilot Beach

Please Contact Michelle Garvan 0457 834 408

NOVEMBER

Sun 8th - Nippers at North Haven Beach. 9.30am sign-on

Sun 8th - **MNC Branch Carnival Wauchope/Bonny Hills**

Fri 13th- Board paddling at North Haven 4:30pm

Sun 22nd - Nippers at North Haven Beach. 9.30am sign-on

Fri 27th- Board paddling at North Haven 4:30pm

DECEMBER

Sun 6th - Nippers at North Haven Beach 9.30am sign-on

Sun 6th – **MNC Branch Carnival Hat Head 8yrs -Masters**

Fri 11th – Board Board paddling at North Haven 4:30pm

Sun 20th - Nippers at North Haven 9.30am sign-on / **Christmas Party Day**

Break - 3 weeks for Christmas

JANUARY

Sun 10th - Nippers at North Haven Beach. 9.30am sign-on

Fri 15th – Board paddling at North Haven 4:30pm

Sun 24th - Nippers at North Haven Beach. 9.30am sign-on

Fri 29th – Board paddling at North Haven 4:30pm

FEBRUARY

Sun 7th - Nippers at Pilot Beach. 9.30am sign-on

Fri 12th – Board paddling at North Haven 4:30pm

Sun 21st **MNC Branch Championships South West Rocks /
8Yrs -Masters**

Sun 21st – Nippers at North Haven Beach. 9.30am sign-on

Fri 26th – Board paddling at North Haven 4:30pm

March

Sun 7th -Nippers at North Haven Beach. 9.30am sign-on

Fri 12th- Board paddling at North Haven 4:30pm

Sun 21st - Nippers at North Haven Beach. 9.30am sign-on

Fri 26th- Board paddling at North haven 4:30pm

APRIL

Sun 4th - Nippers at North Haven Beach. 9.30am sign-on

Sun 4th - **Nippers Presentation North Haven Beach**

Camden Haven Clubhouse

Sun 11th- Pool party



Board Training

Board training is a great opportunity for children to gain confidence and balance riding a board. In the calm water of the river they can learn paddling and balance without the interruption of the waves. Training is every second Friday from 4.30 to 5.30pm at North Haven Baths opposite Oasis Restaurant. This is run by Tony Worton.

November

Fri 13th

Fri 27th

December

Fri 11th

January

Fri 15th

Fri 29th

February

Fri 12th

Fri 26th

March

Fri 12th

Fri 26th

Help!

Parent helpers are required at times, and it's a great way to get involved. "Many hands make light work", and the kids love to see their parents participating in their activities. There is a requirement for helpers/volunteers to obtain a working with children check. This ensures that we meet the SLSA Protection Policy. As a volunteer, the checks are free of charge and can be obtained online through Service NSW.

Please fill out job roster where you can.

Jobs could include:

BBQ's - not just on nipper days, we do a lot of fundraising throughout the year and would always love to see new faces.

Kitchen - a quick clean-up is required after each Nippers.

Help with setting up for Nippers i.e. setting up sign-on table caps on tables, water tubs and age group signs.

Help in Packing up i.e. Hosing down of boards, packing away of boards, rinsing off caps and pinkies to hanging dry, and rinsing of water tubs.



Code of Conduct

As an SLSA member, you should meet the following requirements regarding your conduct during any SLSA or CHSLSC sanctioned activity:

- Respect the rights, dignity and worth of others
- Be fair, considerate, and honest in all dealings with others and be a positive role model
- Make a commitment to providing quality service
- Be aware of and maintain an uncompromising adherence to SLSA standards, rules, regulations, and policies

- Demonstrate a high degree of individual responsibility especially when dealing with persons under 18 years of age
- Contribute to the provision of a safe environment for the conduct of all activities within surf lifesaving
- Abide by the relevant role-specific codes of conduct

Specifically, an SLSA Age Manager will:

Agree to abide by the code of conduct. Be responsible for the groups safety and well-being. Be responsible for the groups learning. Make time to plan and prepare the activities delivered. Foster a collaborative approach to group management. Instil enjoyment and fun in what the children do. Be a positive role model for SLSA and members of the organisation.

